

# Kennel Cough Duration

**A**s the name rightly suggests, kennel cough is a common canine illness that impacts the respiratory system of puppies. This is a infectious disease which can be found to spread in dogs that are kept in close vicinity (as in kennels). Or else known as tracheobronchitis, this condition can be due to certain viruslike and bacterial infections. The most common one of them are bordetella bronchiseptica, canine parainfluenza - 3 and also canine adenovirus type 2. Kennel cough can be a self-limiting condition that may abate within a short period.



## Check the Diet

Some food items assist in loosening mucus from the respiratory tract. You can think of incorporating citrus fruits, pineapple, cauliflower, garlic, and celery in the diet. Sipping hot liquids and hot meals will aid in opening the air passages. However, refrain from any kind of cold food during the show of productive cough.

General, a minor kennel cough may abate on its own with appropriate as well as timely treatment. In such cases, the period of the cough is going to be about two to three weeks. However, this period may be affected by numerous factors like age of the dog, it's shape, underlying diseases and also type of disease-causing pathogen. In short, kennel cough duration within normal cases is about two to three weeks. But, older canines and canines with a weak immune system or underlying medical condition may take more time to be able to recover from the situation.

## This Particular Duration May be Lengthier in Dogs that Develop Extra Infections

Mild cases can be fixed with proper care. You have to keep the dog in a warm and humid atmosphere and provide it with wet foods. As collars and leashes may aggravate the cough, take them off. If the symptoms obtain severe, treatment like antibiotics, bronchodilators, decongestants and antitussives, tend to be prescribed. Occasionally, the dog might be required to be admitted in hospital, if his/her condition worsens. If you have two or more dogs, isolate the one with kennel cough.

## The Mode for the Treatment of Kennel Cough May Vary from One Animal to Another

So, it is always a good idea to prevent the condition, with good care and also cleanliness. Maintain your dog in a location with proper ventilation. Above all, you must vaccinate your puppy towards this disease. Even though the effectiveness of the kennel cough vaccine for longer periods continues to be a much discussed topic, it is found to be useful in preventing this disease in dogs, to some extent. Vaccination must be done according to the advice of your vet. Another essential point to note is that you have to take the dog towards the vet, if you think that the canine is promoting kennel cough. Earlier treatment is always beneficial in reducing kennel cough duration.

## Cough Expectorant

For those who have a moist cough, but finding it difficult to cough up mucus, a cough expectorant is considered to be the best solution. You need to use the best over-the-counter cough expectorant for efficient expelling of mucus. Although taking such cough syrups, carefully keep to the directions mentioned in the content label.

## Avoid Cough Suppressant

Cough suppressant is recommended for treatment of dry cough, but not for a chesty or productive cough. For this reason, do not use this kind of preparations, even if cough together with mucus is irritating and also sometimes painful. Even the best cough suppressant increase the severity of mucus production.



“ **Damion McDaniel**

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