

Pneumonitis Vs. Pneumonia

One is bound to have a slip of tongue when they try to say the words pneumonitis and pneumonia in one breath. These are two serious respiratory complications, if not taken care of in early stages, they are able to progress in to life-threatening conditions.

Although, both these conditions impact the lungs, there are some differences between them. As these conditions involve the lungs, this could lead to breathing problems that brings about oxygen exhaustion in the body. Without oxygen, cells in the body set out to die and leading to lethal outcomes. Here, we will attempt to explain these kinds of differences between the signs and symptoms and causes of both of these respiratory health conditions.



Pneumonia

Pneumonia is really a severe respiratory disease characterized by symptoms similar to that relating to respiratory disease. It is caused due to inflammation of the lungs (excluding the bronchi) as a result of contamination caused possibly by virus, bacteria or even other parasites. One should understand that pneumonia can be lethal, if left untreated.

- PneumonitisPneumoniaPneumonitis is a term that refers to lung tissue inflammation as a result of factors other than a microbial infection.
- Pneumonia is a condition where lung swelling occurs due to a microbial infection.
- Factors contributing to be able to pneumonitis include:

Prevention

Is important to do every effort to halt the spread of the viral infection. The one who has contracted acute bronchitis ought to take safety measures at the time of coughing and sneezing. The individual must protect his mouth with a cloth from these circumstances. Changing this cloth daily may help in controlling the spread of disease. Contagious nature on this infection causes it to be required for the individual to wash his hands with soap or using sanitizer more often, as a part of the particular hygiene regimen.

Along with this precaution, the affected person must take relaxation, drink a lot of water and avoid going to crowded places. Rather than trying to remedy this infection by self-medication and using antibiotics in the process, the affected person ought to take professional help. It is important to note that acute bronchitis is a viral infection and medicines won't be helpful in getting rid of it. Your efforts in this direction will only avoid the length of the infection; and put the individuals you deal with at the risk of contracting it.

Other symptoms of respiratory disease include shortness of breath, chest discomfort, and so on. This is due to airway hyperreactivity, which results in narrowing of the air passages, thereby causing impairment to the standard airflow into and out of the lungs. This kind of airway adhd can be triggered by irritants, like airborne dirt and dust and also fumes, chilly air, tobacco smoke, and also strong odors.



“ *Victor Cooley*

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